Hamburger Stroganoff

1-1.5 lb. ground beef (or turkey or other meat)
2-3 cloves garlic chopped
'4 cup chopped onion
Salt
Mushrooms, sliced
1 can cream of chicken or mushroom soup
1 can evaporated milk
1 cup sour cream
I pkg. wide egg noodles (or rice)

- Fill large pot with water, bring to a boil, add noodles, and cook per directions and drain.
- Meanwhile, brown ground beef with onions, garlic, and mushrooms till cooked.
- Mix soup and evaporated milk in a separate bowl and add to pan and simmer.
- Add sour cream to meat mixture in pan and simmer till warm.
- Add cooked, drained noodles to mixture, stir and serve.

You can instead choose to put noodles on plate and top with stroganoff mixture. Rice can be substituted for noodles.

By Pat Cipollini